

Sandra Finley

2025-04-19 Lymphatic System / Lymph Treatment

<https://sandrafinley.ca/blog/?p=31784>

I answered "I had a lymph treatment just last week."
The Dentist replied, "**What's that?**"

We have become divorced from KNOWING our amazing IMMUNE SYSTEMS. I thought I'd start with some stories about the LYMPHATIC SYSTEM. It should be interesting to go from there to the wider Immune System. I will try to do that. If I fail, maybe it will spur you to clarify your thinking. And in that way, we'll all learn something!

Sorry to send this in its present form. We have to have more people who can speak to the superiority of the Human Immune System.

Try this:

BODY HEALTH = LYMPHATIC SYSTEM + CARDIOVASCULAR SYSTEM + IMMUNE SYSTEM

The equation can be expanded and played with.

----- CONTENTS

1. **THE COMPLETE HUMAN BODY** in pictures
2. LYMPH, copied from the Index of **COMPLETE HUMAN BODY provides an overview**
3. RIGOR OF (LYMPHATIC + CARDIOVASCULAR + IMMUNE SYSTEM + SPIRITUAL)
4. EQUATIONS
5. IMMUNE SYSTEM, DETOXIFICATION, AND POISONING
6. AN EQUATION IS A TEETER-TOTTER RELEASING THE INSULT BY SPEAKING IT
7. GETTING RID OF POISONS, INTERNATIONAL COOPERATION
8. KEEPING THE POISONS, INTERNATIONAL COOPERATION
9. INTELLIGENT DESIGN IN THE HANDS OF THE NOT-INTELLIGENT
10. THE LYMPH SYSTEM SAVED MY DAUGHTER'S LEG WHEN DRUGS COULD NOT

(not done)

FOR MY DENTIST -- THE LYMPH SYSTEM

1. **THE COMPLETE HUMAN BODY** in pictures

MY EXPERIENCE . . . The week after the lymph treatment I was waiting for a friend in the chiropractor's office.

A large book "**The Complete Human Body, The Definitive Visual Guide**" by Prof Alice Roberts caught my eye. (She is a Prof, an artist, and more.) Wow! This book could help explain THE LYMPH SYSTEM to the dentist.

I ran to the bookstore and ordered "3RD EDITION, ENHANCED AND UPDATED \$66. (*The definitive guide to the development, form, function, and disorders of the human body.*)"

***This book - - which is a bit like a user's manual - -
should be of interest to anyone young or old,
who inhabits a human body."***

It is a superb book for my purposes!

2. LYMPH, copied from the Index of *COMPLETE HUMAN BODY* provides an overview :
INDEX, P. 525 (The Complete Human Body, 3rd Edition)

lymph 366 -367

lymph nodes 75,76, 366, **367**

and adaptive immunity 370, 371

blood vessels 77

lymphatic circulation 366

INSERT, Sandra: p. 27 a diagram re **Circulating Blood** shows & explains a contracting leg muscle forcing blood upward. *The same system is used by the lymphatic system - -*
When a muscle contracts, it shortens and tenses, creating movement. Conversely, when a muscle relaxes, it returns to its original, longer state. . . with a referral to p. 366-67, *an illustration of the network of vessels and ducts of the Lymphatic System . . .*

lymphatic ducts 166, 167, 169, 366

lymphatic system 26

abdomen and pelvis **188-189**

and adaptive immunity 370, 371

anatomy **74 - 77**

in bone 46

head and neck **134 - 135**

hip and thigh **272 - 277**

in liver 381

physiology **366 - 367**

shoulder and upper arm **226 - 227**

spread of cancer 441

thorax **166 - 167**

lymphatics 75, 77, 366

lymphoblasts 481

lymphocytes 75, 7

adaptive immunity 370 - 373

functions 367

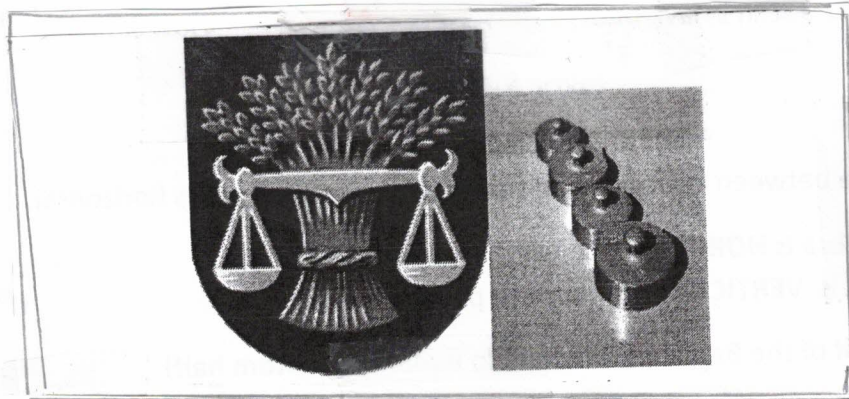
generation of 367
 lymphomas 481
 lymphoid tissue 75, 77, 367
 lymphomas 481

3. RIGOR OF (LYMPHATIC + CARDIOVASCULAR + IMMUNE SYSTEM + SPIRITUAL)

I figure, EQUATIONS can be used to help explain The Nature of Health. . . . How so?

4. EQUATIONS

EQUATION - EQUATES TO - THE SAME AS -- THERE IS BALANCE



Add to one side of an equation or a scale and it becomes out-of-balance.

Add the same amount (a compensating amount) to the OTHER side and it's back-in-balance.

A TEETER-TOTTER IS LIKE AN EQUATION or a SCALE

- It is Level if the weight on both sides is the same
- It is Upended if either side is overloaded

Equations can be expanded. You can play with them. Learn from them.

Equilibrium

Call this THE GROUND LEVEL EQUATION:

BODY HEALTH

= LYMPHATIC + CARDIOVASCULAR + THE IMMUNE SYSTEM

If STRESSORS ARE IN BALANCE with BODY HEALTH = PAIN DOES NOT HAVE DOMINION

- But ADD, or ADD MORE of (stressor X, Y, Z) --- cont next page

- If you do that, you have to COUNTER-BALANCE by adding the same to the health side.
You come back into an equilibrium.

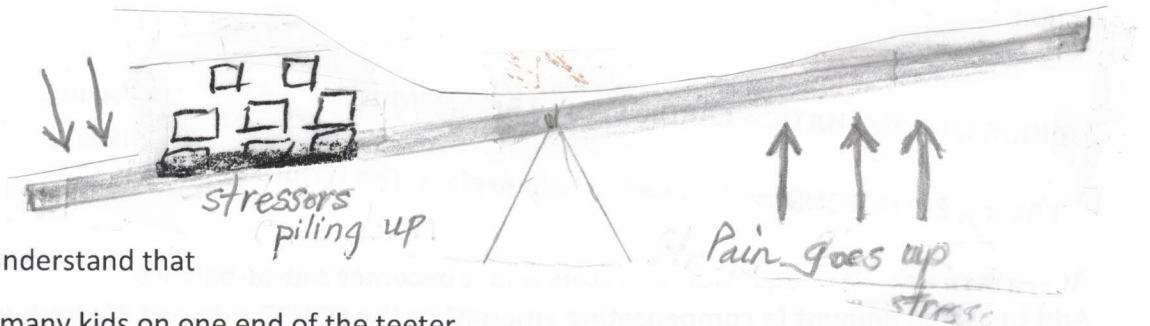
NOTE: this does not apply to a pain that is PHYSICAL, e.g. a broken leg.

The medical model tends to be linear. If you have a pain, the pain has a ^{symptom.} ~~cause~~. Treat the ~~cause~~. The medical model may work just fine for the broken leg.

The ^{symptom.} ~~theory~~ (I believe it and don't change the belief until something happens to show that the belief is wrong). The pain theory I am working on (for a long time) includes:

You do not have to remove ALL exposures to one allergen (I use the word "STRESSOR".) The GOAL is to REDUCE THE OVERALL LOAD of stressors. The IMMUNE SYSTEM will recuperate, given time and support. (As long as you haven't progressed past a tipping point.)

(NEED: a discussion of STRESSORS.)



It's easy to understand that

Loading too many kids on one end of the teeter

Throws the other end up into the air.

If there's PAIN, it is pushed up
When Stressors are loaded up.

No mystery in that

You have to un-load. It does not matter
Whether a whole lot of one Stressor is removed, or
Smaller amounts of a number of Stressors.

Move up a line

Release the opportunity for Pain **by speaking it, ASAP**

Before it has time

To create a rut

In your mind

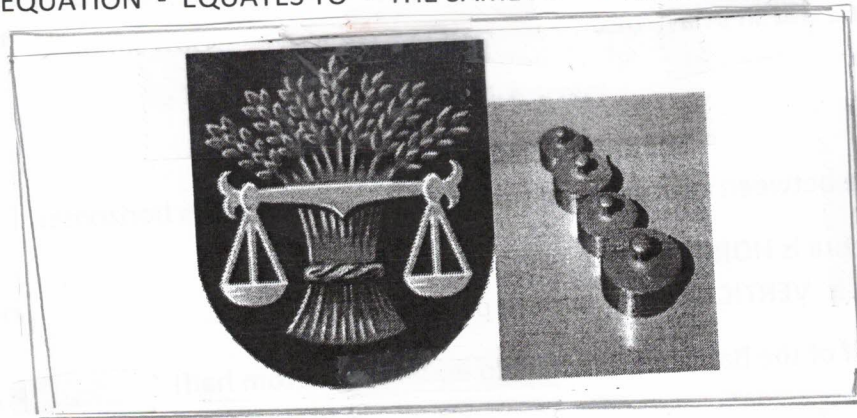
generation of 367
 lymphomas 481
 lymphoid tissue 75, 77, 367
 lymphomas 481

3. RIGOR OF (LYMPHATIC + CARDIOVASCULAR + IMMUNE SYSTEM + SPIRITUAL)

I figure, EQUATIONS can be used to help explain The Nature of Health. . . . How so?

4. EQUATIONS

EQUATION - EQUATES TO - THE SAME AS -- THERE IS BALANCE



Add to one side of an equation or a scale and it becomes out-of-balance.
 Add the same amount (a compensating amount) to the OTHER side and it's back-in-balance.

A TEETER-TOTTER IS LIKE AN EQUATION or a SCALE

- It is Level if the weight on both sides is the same
- It is Upended if either side is overloaded

Equations can be expanded. You can play with them. Learn from them.

Equilibrium

Call this THE GROUND LEVEL EQUATION:

BODY HEALTH

= LYMPHATIC + CARDIOVASCULAR + THE IMMUNE SYSTEM

If STRESSORS ARE IN BALANCE with BODY HEALTH = PAIN DOES NOT HAVE DOMINION

- But ADD, or ADD MORE of (stressor X, Y, Z) --- cont next page

more to previous page
 Neural plasticity/pain re-processing (Applied)!

RECOMMEND: Practice SELF-ADVOCACY lots, first!

STRESSORS, RELATIONSHIP TO SELF-ADVOCACY

To Be Written

Before launching into "speaking it"

- NOTE re MIND-BODY: Not all PAIN is LINEAR in relation to CAUSE. Think, for example, of pain related to early childhood. Also, PAIN moves around in the body and takes different (interchangeable) forms.

Your Body is not stupid nor is it gullible. It is up to you to COMMIT to it. After years of ignorance, neglect and abuse by You and your Society, it is not easy to get back to *Early* Health.

Your Body knows what's going on. It is very worth your while to learn to Work with it! The more **You** (CONSCIOUS and VERBAL) learn how to communicate with your **Body** (SUB-CONSCIOUS and NON-VERBAL), the greater becomes your ability to figure out what your body is teaching you. This is the realm of the Spiritual aspect of your Being.

The Medical System is very good at telling you something is the cause. However, it is not always well-informed or honest. Case in point, from our recent work: The Simpsonwood Story <https://sandrafineley.ca/blog/?p=31658>

The biggest problem is that the model chosen for the Medical System is a COMMERCIAL model, which is NOT APPROPRIATE for The FUNCTION we EXPECT it to perform for us.

There's money to be made by producing **PRODUCTS THAT BREACH BARRIER MECHANISMS OF OUR IMMUNE SYSTEMS.**

Both Business and Government revenues increase.

Which means there is NO ONE EXCEPT YOU, THE INDIVIDUAL to rise against foes who are thrusting spears through the BARRIERS that have evolved over millennia to keep our brains and our babies safe.

It's the truth. You might as well accept it.

I can agree to capitulate -- to not see it. However, that would be a short-term fix, and it would be a monumental betrayal.

The betrayal can be understood in the framework of "The Tragedy of the Commons".

(The internet - - the air waves - - are part of "The Commons".)

EXCERPT FROM *Battles to protect the Commons.*
https://sandrafinley.ca/blog/?page_id=9

... battle-fronts to protect The Commons in an era of unprecedented assault on them. Our success or failure affects the ability of future generations to care for themselves.

When there are incursions onto the Commons, people have to come together to defend it. If not, the Commons is lost and the whole community suffers - - a lot.

OTHER people work hard, all the time, in defence of the Commons. Without them, one tiny example, the quality of the water coming out of your tap would be less than it is. Many more people would side-step the issue through the purchase of bottled water, if they can afford it.

There have been monumental efforts by people in Canada and the U.S. to stop things like tiered (preferential) access to the Internet that large corporate interests seek.

One woman, Brierley Newton, stood in defence of the Commons. She is not asking us for our gratitude. But *she should expect* that we will at least stand in solidarity when the ball lands in our court.

You might think of the case of Amanda Todd (a teen who committed suicide as a consequence of on-line predation).

If I capitulate (keep my mouth shut), not only is a grotesque belief reinforced, but the perpetrators make unbelievable money. These are Global forces, they win, which only empowers them to do more.

We leave a more violent world behind us, if we do not accept our responsibility.

We stand by while ignorant people continue to kill us by thrusting more and more spears through parts of us that keep us alive and thriving. (e.g. Barrier mechanisms in our Immune Systems)

The tragedy and comedy of human existence: we are often unwitting participants in our own death and destruction.

The good news is? The world is changing.

2019-03-13 The Ombudsman will fail. They have a problem with "Trust" but fail to identify that the problems are INHERENT in the system. "Extractive Sector Corporate Responsibility". SNC Lavalin, Jane Jacobs.

<https://sandrafinley.ca/blog/?p=24156>

I say *INHERENT*. I shout *INHERENT*.
They are uneducated. They do not know what that word means, *INHERENT INHERENT*

5. IMMUNE SYSTEM, DETOXIFICATION, AND POISONING

HEALTH = LYMPHATIC + CARDIOVASCULAR + THE IMMUNE SYSTEM + SPIRITUAL (PURPOSE)
HEALTH = LYMPH + BLOOD + **The IMMUNE SYSTEM = DETOX (LIVER) + INNATE IMMUNITY + ADAPTIVE IMMUNITY**

INNATE IMMUNITY includes **BARRIER IMMUNITY** which you know as, for example, the blood-brain barrier, the placental barrier, . . .

If a Barrier Immunity is breached (very serious for your health), and you try to pass it off as the fault of someone else, you can forget about having a relationship with your Body.

Your Body will not trust you to keep You and It safe. Sounds crazy. Well yes, I am! Ha ha!

I am not a doctor. But I do know how badly-corrupted some medical and other systems are. Ignoring the problems isn't an answer.

I can make the following *contributions* to help us find solutions.


BE CLEAR. I am NOT saying that if you

- look after your LYMPHATICS + CARDIOVASCULAR + SPIRITUAL (PURPOSE),
- AND don't overload your IMMUNE SYSTEM, you will be healthy and without pain.

Human lords view us as ignorant and disposable:

2011-02-01 **Aluminum and Vaccine Ingredients: What Do We Know? What Don't We Know?** (<https://sandrafinley.ca/blog/?p=1227>)

2020-06-10 If I am making a choice about a vaccine, I want to know this. (<https://sandrafinley.ca/blog/?p=25074>)

For more info on mercury, go to "HEALTH" in the right-hand sidebar of my blog ; scroll down to  **Mercury poisoning, dental amalgams. See also Vaccinations.**

#5 Continuing IMMUNE SYSTEM, DETOXIFICATION, AND POISONING . . .

DETOXIFICATION (liver) (see *HUMAN BODY* p. 381, bottom left). Words can make a topic look complicated. Keep calm. You already know much/most/all of it - - English is famous for having many different ways to say the same thing. It helps keep people off-balance.

The IMMUNE SYSTEM is INNATE IMMUNITY + THE ADAPTIVE IMMUNE SYSTEM

- I think of auto-immune diseases in terms of INNATE and ADAPTIVE IMMUNITIES that have been completely overpowered.

On p.134 there's a picture of a skull (head and neck) with the lymphatic system in green. What I see is the OPENINGS - - eye sockets, nasal cavity, and mouth/teeth.

If you know lymph, and

the proximity of the brain to your
FACE

would you call it a "**DESIGN FLAW BY HUMANS**" to put poisons (mercury, aluminum, and other) in the eyes, nasal cavity, and mouth/teeth? How about if it's your baby?



Eyedrops, various kinds, that contain mercury and other goodies go into eyes

MORE STRESSORS

I do not know what's in nasal sprays.

MORE STRESSORS

Mercury started going into mouths in the first part of the 1800's. See **A Brief History.**

<https://www.toothbythelake.net/wellness-center/amalgam-fillings/a-brief-history-of-amalgams/#:~:text=1819:%20A%20Mercury%2Dbased%20dental,use%20of%20mercury%20amalgam%20filling.>

And then there's vaccines by injection. We are certifiably daft.

Hmmm - - "encapsulation" would be a mechanism of the Immune System. If we knew just a little bit about it, that would be helpful in making decisions when you encounter it.

There are problems with commercial (purchased) science that make me close my eyes. We treat **more** mercury and **more** aluminum and **more** glyphosate and **more** mRNA and **more** chemicals and **more** toxic chemicals as "**Business as Usual**". Business (Money) is a priority to us. **MORE THAN** health. And **more than** species survival ??

In 2003 Canada caught up with long-known European research: FINALLY scientists from the National Water Research Institute (NWRI) published research about the "feminization of fish downstream from water treatment plants" (that's what sewage treatment plants are called).

Finally we were talking about what's going into our Waterways, and the implications. The "feminization" of fish was associated with all the women on birth control pills flushing pee down the toilets into sewage that emptied into waterways. Something **more** happened. **More** men are gay (feminized) - - a higher percentage. I believe that is an established fact.

I have long wondered whether changing sexual and gender information might come from **more** and **more** ENDOCRINE DISRUPTORS, hormone disruptors. There are thankfully, good debates about that on the internet. It seems to me that if the agricultural industry continues to use increasing amounts of endocrine-disrupting chemicals and has been using them since the 1950s, this forever **more** will have repercussions. Vietnam veterans were exposed to a TCDD-contaminated military herbicide (Agent Orange).

Agent Orange exposure increases morbidity from endocrine and neurologic diseases.

Credentialed people are credentialed, not more than that. The good news is the crack in the dam. People love to learn and they love to talk with each other.

If you happen to read Suzanne Humphries' book, "**Dissolving Illusions**" the word "lymph" is used in printed material from the **1800's**, without need for defining what it is.

The HUMAN BODY (P. 370-71) "*The adaptive immune system provides the body with the means to develop highly specific immune responses to particular pathogens encountered during its life span. Crucially, such responses may be quickly redeployed if a pathogen infects.*"

P. 368-9 **Lymphatic Circulation**

I think my Lymphatic Circulatory system is fairly intact. But I wonder what happens when lymph networks in the Body are severed? (for example when joint replacements are implanted?)

If we made it our business to help teach a whole lot of Canadians about our Immune Systems,

The Ostrich Farmers, and the Ostriches
Health Canada, the CFIA, Teresa Tam, Bonnie Henry, and a whole lot of others - -
***Canadians MIGHT not
have time to destroy our Immune Systems before they've had time to
even learn about them?***

They tell us that their products are better, superior to our Immune Systems. Well I suppose they are right: but it was not always so.

Good grief! Their assault on us is an assault on the inside of our Bodies!

MY LIFE EXPERIENCE WITH BREACHES OF BARRIER IMMUNITY

(My Mother kept very good records.)

Neuro Toxins like mercury by-pass the blood-brain barrier, the placental barrier . . . They SLOWLY poison.

1. Mercury fillings (dental amalgams starting with fillings in baby teeth (no comment!) and continuing into adulthood).
2. Vaccines - - mercury by injection. (The preservative thimerasol in vaccines, started in early childhood)
3. Mercury in wetting and soaking solutions for contact lens, starting in high school (1967).
4. Joe Bourgault experience. Grant Schoenroth also. Mercury poisoning from dental amalgam. The Medical profession could not diagnose it. Both men thought they were going to die. Removal of mercury amalgams and slow de-tox restored their health.
5. IAOMT (International Academy of Oral Medicinet and Toxicology) . Dave Warwick's experience as a new young dentist in his home-town of Hanna, AB took him into mercury-free dentistry. Decades later, Dave agreed to do the "Mercury Jamboree" at the University of Saskatchewan. I personally sent an individual invitation to almost everyone at the University in Dentistry, in Toxicology, in Water - - ONE employee came anonymously.

I organized it; Joe Bourgault and Grant Schoenroth both told their experiences, Dave spent the day with everyone who came, doing demonstrations, taking readings, answering questions, making recommendations.

My family members and I have had mercury removed by a dentist who has been trained on handling the mercury.

MANY people suffer from mercury poisoning. I think of Grassy Narrows, Ontario. (<https://www.thecanadianencyclopedia.ca/en/article/grassy-narrows>). There are lots of people like Joe and Grant. I suspect it is more usual that people die without ever knowing that it was mercury poisoning that got them. The most likely way of discovering the poisoning is if you have a friend who tells you about it.

Safe removal of the mercury fillings is a life-saver for some people. Mercury ("dental amalgam" a.k.a. "silver fillings") should not be installed in teeth. Dental colleges are complicit. Mercury fillings are cheaper, BUT ONLY in the short run. The public purse pays for the longterm costs (cognitive and other disabilities and illnesses or premature death).

Slow accumulation and poisoning coincides with aging. The wrong diagnosis is easily assigned. The same as the wrong diagnosis was assigned to me when I was 3 years old. Within a couple months of each other I had dental amalgams (silver mercury fillings) put in my teeth and vaccine with mercury in it by injection.

My legs started aching. This was the early 50's in Canada. Mom took me to the local doctor who referred us to the "City Doctor", a 3- hour drive away. Surprise! The diagnosis was polio.

A few years ago I asked "Who else in this area had polio?" My Mother replied, " Well, that was the funny thing: NO ONE." Mercury poisoning was diagnosed as polio, I have no doubt.

new para.

=====

1.6. **GETTING RID OF POISONS, INTERNATIONAL COOPERATION, MERCURY, THE MINAMATA CONVENTION** *copied from Internet*

The Minamata Convention on Mercury is a UN treaty aimed at reducing mercury's impact on human health and the environment. It addresses the entire lifecycle of mercury, including its supply, trade, use, emissions, and disposal. The convention seeks to phase out mercury-added products, control emissions from various industries, and promote international cooperation on mercury management.

Here's a more detailed look at the key aspects of the Minamata Convention:

Key Provisions:

- **Phasing out mercury-added products:**
The convention includes provisions to phase out or restrict the use of mercury in products like batteries, switches, lamps, and cosmetics.
- **Controlling emissions:**
It aims to reduce mercury emissions from key industries such as coal combustion, waste incineration, and cement production. (INSERT. Sandra - - someplace on my blog there's the report on a jurisdiction where it costs more to get cremated if you've got dental amalgams because of the mercury going up the smokestack!)

- **Managing mercury trade:**
The convention regulates the export and import of mercury and mercury-containing products.
- **Addressing artisanal and small-scale gold mining:**
This sector is a major source of mercury pollution, and the convention includes measures to reduce mercury use in this area.
- **Safe storage and disposal:**
The convention addresses the safe storage and disposal of mercury waste.
- **International cooperation:**
It promotes international cooperation on mercury monitoring, research, and the development of safer alternatives.

Historical Context:

- The convention is named after Minamata Bay in Japan, where widespread mercury poisoning occurred in the mid-20th century.
- The experience with Minamata disease highlighted the devastating effects of mercury pollution and the need for global action.

Current Status:

- The Minamata Convention entered into force in 2017.
- As of [June 2025], the convention has been ratified by 150 states.

(INSERT, Sandra: *Canada signed the Minamata Convention on October 10, 2013, and ratified it in April 2017, with the treaty entering into force in Canada on August 16, 2017.*

You can't put mercury down the drain into water supplies. Dental offices are supposed to capture waste that has mercury content and dispose of it as a hazardous waste. Has the regulation ever been enforced? Do we protect the workers in dental offices by stopping the use of dental amalgam ("silver fillings").

What does the Cdn Dental Association have to say? https://www.cda-adc.ca/en/about/position_statements/amalgam/ ... Oh yeah ... the "safe" story, BUT! **Dentists have a responsibility! And we still have ...** COPIED FROM THE CDA website:

Current scientific evidence supports the use of dental amalgam as an effective and safe restorative filling material that provides a long-lasting solution for a broad range of clinical situations. Dental amalgam delivers significant benefits compared to other filling materials with respect to ease of use and longevity, especially in patients with a high risk of tooth decay.

The potential environmental impact of the mercury content found in dental amalgam can be managed through the implementation of best management practices, such as those outlined in the Memorandum of Understanding respecting the implementation of the Canada-Wide Standard on Mercury for Dental Amalgam Waste, signed by Environment Canada and the Canadian Dental Association in 2002. The Minamata Convention is a global treaty designed to protect human health and the environment from the adverse effects of mercury. Ratified by Canada in 2017, the Minamata

Convention seeks to eliminate environmental risks by phasing down the use of dental amalgam worldwide.

Replacing functional or serviceable dental amalgam fillings (restorations) is unnecessary and ill-advised for reasons related to safety concerns or perceived health needs. A conservative approach to filling replacement, combined with effective decay prevention, is strongly advised to help maintain the dentition over a lifetime.

Dentists have a responsibility to ensure that any recommended treatment reflects the ethical and quality-of-care standards of the profession and that informed patient consent has been obtained. Specific clinical circumstances and facts should be discussed by dentists and their patients or decision makers (i.e., parents or guardians for dependents), so that the most appropriate filling material for a particular clinical situation is selected. Patients who request replacement of serviceable restorations need to be provided with sufficient information to understand the implications of this request.

CDA Board of Directors
Approved: February 2005
Revised: February 2021

Stop the make-believe. As with covid "safe and effective", in Canada.

Announcements are made to pacify the electorate. They go back to sleep. The next time there is awareness, they ask, "***I thought that was stopped.***" Use the example of mercury in the flu shot. Or there are other examples to choose from.

- Toxins DO bio-accumulate.
- They DO have synergistic effects when mixed. And how do we know? We could try UN-blocking the research that is needed, for example on water. (for pesticide residue – you might think it's a no-brainer? Chemical use on the land has done nothing but increase in aid of GMO crops that you can spray and not kill. (Are the plants healthy??)(for radioactive residue)(for heavy metal pollution - - thinking of Halifax Harbour from the industrial process known as electroplating)(for poisons - - remember the vaporooter debacle?) Is the water poisoned? Can you test - - you have to know the chemicals to test for, before you can test.

2025-06-26 CDC Vaccine Advisers Vote to Stop Recommending Flu Shots That Contain Thimerosal (Mercury)

<https://sandrafinley.ca/blog/?p=31781>

- Parties are working to implement the convention's provisions and achieve its goals. Dave Warwick is older than me. He began practicing mercury-free dentistry early in his dental career after the experience and advice of patients. He is a member of an association (the IAOMT) whose members promote mercury-free dentistry. Dave attended UN International Negotiations ("COP" - CONFERENCES OF THE PARTIES) that achieved the Minamata Convention. *Dave Warwick* is a holistic, mercury free (amalgam-silver filling free) and mercury safe *dentist* and he is dedicated to practicing safe and healthy *dentistry*. Dave's been doing it for ? 3 decades now ?. I would say that the CDA does not want to do healthy dentistry. And the Govt of Canada is not genuinely concerned about your health. Nor about the poisons we ingest. That is up to us. Share information with young people, especially. It is comfortable old farts who stand in the way of change. In essence, the Minamata Convention represents a global effort to tackle the pervasive problem of mercury pollution to protect human health and the environment from its harmful effects. (But it's okay to use it in dental amalgams ("Silver fillings") and still in some vaccinations. It is well documented on my blog.)

7. KEEPING THE POISONS, INTERNATIONAL COOPERATION

I don't need to say more than *The Covid experience is yet another example of BIG MONEY* having its way.

It is an issue of **CORRUPTION OF GOVERNANCE**.

See -- 2022-02-28 Covid protests, Vocabulary and Context. WE WILL DO BETTER . . . NEXT TIME! say the Police. Linguistics.

8. **NEURAL PLASTICITY** (This is, I think, the route by which I can make the spiritual element more apparent. I have trouble finding time to write it down.) To be done.

9. **INTELLIGENT DESIGN IN THE HANDS OF NOT-INTELLIGENT** is a Recipe for Disaster. "The Government" currently in Canada, the Coup d'etaters). See --

2022-02-28 Covid protests, Vocabulary and Context. WE WILL DO BETTER . . . NEXT TIME! say the Police. Linguistics.

10. THE LYMPH SYSTEM SAVED MY DAUGHTER'S LEG WHEN DRUGS COULD NOT *TO BE DONE*

I WANT to contribute to the upgrading of what we know about IMMUNE SYSTEMS.
What we know is woefully inadequate. It makes us VULNERABLE to manipulation by the medical system.

CONFESSION, MY ATTITUDE: If your child's Barrier Immunity is breached, it's your responsibility.

WHY?

Because if there's money to be made by producing products that breach IMMUNE SYSTEMS (- - these are immune systems that have developed over millennia to keep us SAFE)

1. Both business and Government benefit from more money.
- 2, Which means WE HAVE LOST the "Guardianship" Role in our societies.
3. There IS no one, EXCEPT YOU, to defend your Self and your offspring.
4. A LITTLE bit of help from MILLIONS of people is a lot.
5. If I'm wrong, please share what you know that I don't know. Thanks.

IMMUNE SYSTEM
- clotting
- fibrin
- encasement

WORTHY LEADERSHIP
- RFK Jr.

STRESSORS
- RELATIONSHIP TO SELF-ADVOCACY